

Guest lecture announcement:

**Two Dimensions of Positive Personality Development:
Adjustment and Growth**

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Does personality stay stable after young adulthood or is there continued change throughout middle and later adulthood? For decades, this question caused heated debate. Over the last couple of years, a consensus has emerged that indeed there is personality change in middle and later adulthood. In somewhat simplified terms the observed pattern is as follows: Neuroticism declines, conscientiousness and agreeableness increase. Many authors have labeled this change, personality maturation or growth. At the same time it has been argued that this pattern of personality change is the result of coping with the developmental tasks of adulthood and thus increased adjustment. I would like to examine this practice of equating developmental adjustment with growth and discuss ways how to differentiate personality growth from adjustment. Theories of personality development as well as lifespan theory are serving as a theoretical basis.

The lecture is open for all interested students and faculty.

Date: June 16, 2016

Time: 13:00 – 15:00 ct.

Location: Erwin Schrödinger-Zentrum, Rudower Chaussee 26, 12489 Berlin

Lecture theatre: 0'310

Coordinator: Dr. Isabell Hühnel (→ [srd.psychologie at hu-berlin.de](http://srd.psychologie.hu-berlin.de))